

# Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and find problems early, when treatment is most likely to work best. Ask your doctor what services are right for you, and use the space below to track appointment dates, times, and other important information.



- One time “Welcome to Medicare” Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance) \_\_\_\_\_
- Yearly “Wellness” Visit—get this visit 12 months after your “Welcome to Medicare” preventive visit or 12 months after your Part B effective date \_\_\_\_\_
- Abdominal Aortic Aneurysm Screening \_\_\_\_\_
- Alcohol Misuse Screening and Counseling \_\_\_\_\_
- Blood-based Biomarker Test \_\_\_\_\_
- Bone Mass Measurement (Bone Density Test) \_\_\_\_\_
- Cardiovascular Disease (Behavioral Therapy) \_\_\_\_\_
- Cardiovascular Screenings (cholesterol, lipids, triglycerides) \_\_\_\_\_
- Colorectal Cancer Screenings \_\_\_\_\_
- Depression Screening \_\_\_\_\_
- Diabetes Screening \_\_\_\_\_
- Diabetes Self-management Training \_\_\_\_\_
- Flu Shot \_\_\_\_\_

- Glaucoma Test \_\_\_\_\_
- Hepatitis B Screening \_\_\_\_\_
- Hepatitis C Screening \_\_\_\_\_
- HIV Screening \_\_\_\_\_
- Lung Cancer Screening \_\_\_\_\_
- Mammogram (screening for breast cancer) \_\_\_\_\_
- Medical Nutrition Therapy Services \_\_\_\_\_
- Medicare Diabetes Prevention Program \_\_\_\_\_
- Obesity Screening and Counseling \_\_\_\_\_
- Pap Test and Pelvic Exam (includes a breast exam) \_\_\_\_\_
- Pneumococcal Shots \_\_\_\_\_
- Prostate Cancer Screening \_\_\_\_\_
- Sexually Transmitted Infection Screening and Counseling \_\_\_\_\_
- Counseling to Prevent Tobacco Use and Tobacco-caused Disease \_\_\_\_\_

“Your Guide to Medicare Preventive Services” has more information, like costs and conditions that my apply, about these and other preventive services, Visit **Medicare.gov/publications**.

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