

2024 Annual State Conference

Speaker Details



Lieutenant Jason Redman

Retired Navy SEAL, Motivational Speaker

Retired Navy SEAL Lieutenant Jason Redman electrifies audiences with his high-energy presentations on leadership, failure, redemption, catastrophic injury, and his breathtaking journey to "overcome all" in the aftermath of wartime enemy

ambush and in the face of what he calls life ambushes during the years that followed.

During his 21-year Navy career, Jason spent 11 years as an enlisted SEAL and 10 years as a SEAL officer leading teams in combat operations in Iraq and Afghanistan. Today he puts his vast experience and expertise to work as speaker, coach, author, and trainer, helping individuals, teams and organizations of all types and sizes to define and implement lasting change, even in the wake or face of failure, crisis, and adversity.

Jason has encapsulated the profoundly transformational lessons learned from his 21-year tenure and now shares his life-changing leadership messages with corporations, teams, executive leadership, law enforcement, first responders and other organizations and individuals worldwide through inspirational speaking, training, workshops, personal and group coaching, business consulting and more.

His messages of leadership, teamwork, the Overcome Mindset, and surviving life ambushes by "getting off the X" resonate with audiences of all types, within the contexts of personal and professional development.

Jason is frequently sought as a motivational leadership keynote speaker for professional sports teams, schools, associations, churches, and Fortune 500 companies. He has been mentioned and/or featured in prominent news outlets as well as numerous distinguished leadership blogs, podcasts, books, panels, and forums.